CIHS Subtle Energy Research Laboratory

CIHS Subtle Energy Research Laboratory investigates the subtle energy effects and underlying mechanisms by biocoelectrical instrumentation with rigorous quantitative methods. The unique advantage of our research facility is that we have access to both the Standard AMI and Continuous AMI devices. It has been demonstrated that the AMI device is capable of monitoring the KI-energy conditions in a manner consistent with the meridian theory of Traditional Chinese Medicine. Studies under controlled conditions of the subtle energy effects induced by a wide variety of “stimuli” and protocols have been performed including acupuncture needle stimulation, a variety of energy healing techniques, energy medicine products and grounding the body, to name a few. Our laboratory instruments include the following:

**Standard AMI**
Measures the AMI parameters (BP, AP, IQ) at 28 Jing-well points and graphically presents diagnostic information regarding the meridian system, autonomic nervous system and the body’s protective function.

**Continuous AMI**
Performs the AMI measurements repeatedly and monitors the parameters as a function of time. This device is uniquely capable of capturing the changes in KI-energy conditions induced by variety of healing modalities such as acupuncture needle stimulus, hand-directed healing and special breathing techniques.

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**Large EMI-Shielded Room (Faraday Cage)**
Provides an experimental space isolated from external Electro Magnetic Interference. It is a very special facility for delicate experiments.

**Conventional Physiological Monitor**
EEG, ECG, Respiration, EDR, PPG, etc.

**Bio-Photon Emission Counter**
Highly sensitive photomultiplier tube unit interfaced with a pulse counter/analyzer and computer.

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Mission and Principles of CIHS

CIHS is a state approved Graduate School and Research Institute. We offer cutting-edge higher learning and research emphasizing the Body-Mind-Spirit integration. We specialize in Holistic Health and Subtle Energy Studies.

Mission Statement

A diverse pool of professionals, scholars and students dedicated to research, the exploration of reality, consciousness studies and healing sciences – united by one principle: the integration of science and spirituality. CIHS is committed to the inquiry into subtle energy. Its mission is:

To question mainstream views of reality and human existence;
To explore alternative methods of promoting healing and wellbeing;
To transform ourselves in order to transform the larger community.

CIHS pursues this mission for the improvement of the global community with respect for diversity, integrity, professionalism, and excellence.

Principles

1. To promote a Society that enhances the Integration of Science and Religion.
2. To understand Human Existence from the total perspective of Body, Mind, and Spirit.
3. To establish guiding principles for the citizens of the Global Society.
4. To establish Energy Medicine to help prevent disease and promote better health.
5. To elucidate the mechanism of the correlation between Mind and Body and promote mastery of mental control over Body and Matter, leading to a better life.
6. To systematize scientific and objective Meditational practices, promoting Spiritual Growth.
7. To establish a Society that supports both Individuality (freedom and rights) and Social Responsibility (morality and coexistence)
8. To establish a creative science that investigates the Mind and Soul as well as Matter.

Programs at CIHS*

Ph.D. Programs
Clinical Psychology
Integral Psychology
Integral Health
Life Physics
Comparative Religion & Philosophy

M.A. Programs
General Psychology
Marriage and Family Therapy emphasis
Integral Psychology
Integral Health
Life Physics
Comparative Religion & Philosophy

B.A. Completion Programs
Integral Studies
*All programs have a distance learning option

Program Objectives

* All programs have a distance education option.

Bachelor Completion Program
The Integral Studies program is designed to provide undergraduate level instruction from an integral viewpoint combining Body, Mind and Spirit perspectives. It is intended for students wishing to embark on advanced degrees in integral studies with emphasis in psychology, holistic health, or religious studies. Ideally, students will come with their General Education or Lower Level units completed elsewhere.

Psychology

Psychology programs include:

M.A. General Psychology program provides the students with the groundwork for all advanced studies in psychology.

Marriage and Family Therapy (MFT) emphasizes the theoretical framework and development of the clinical skills required for marriage and family therapists, and prepares students for Clinical Licensure in the State of California.

Ph.D. program in Clinical Psychology provides advanced courses that prepare candidates for licensure in the State of California. Our Ph.D. program is approved by the California Board of Psychology.

Students not intending to obtain clinical licensure may complete their Ph.D. with a transpersonal or integral psychological emphasis.

Comparative Religion & Philosophy

The Comparative Religion and Philosophy Program aims to: (i) examine the influence and contributions of the physical environment and culture to divergences in orientation, philosophy, and doctrine among world religions, (ii) study religion as a personal and socio-cultural phenomenon, (iii) encourage personal practice and provide meditation training for students so that religious study does not produce a spiritually indifferent or disaffected person, (iv) promote thought in the direction of a possible global religion which addresses humankind's perennial spiritual longings without simultaneously creating religious dogma and intolerance.

Integral Health

Integral Health is a foundational discipline of CIHS that emphasizes the reality of the multi-dimensional constitution of the human being as an integrated whole of body-mind-spirit. It addresses the diversity of human thought, culture, and practical knowledge of complementary and alternative medicine. Integral Health is intimately concerned with the possibilities of wellbeing, problems of illness/disease and a variety of healing modalities. Part of the curriculum at both the M.A. and the Ph.D. levels is relevant to the basic research in health diagnosis and therapeutics. M.A. students have freedom to pursue an emphasis of their interest, which may qualify them to pursue Ph.D. degrees in Integral Health in combination with Psychology, Life Physics or Comparative Religion & Philosophy.

Life Physics

The primary focus of the Life Physics Programs is the study of the energetic functions of the human body system from the perspectives of both Western and Eastern medical viewpoints. Special emphasis is placed on the study of the meridians of Traditional Chinese Medicine as the theoretical basis for the Subtle Energy Studies. Study based on the use of the AMI, a unique electrodermal device developed by Dr. Motoyama, founder of CIHS, is incorporated in the core courses of this Program. The Program is intended primarily for students interested in rigorous experimental research of the so-called subtle energy effects, which is believed to provide the scientific basis for the hitherto unknown mechanisms of wide variety of healing modalities.

The students in M.A. and Ph.D. programs in Life Physics will have opportunities to participate in pioneering research projects in this emerging new field of science conducted in CIHS Subtle Energy Research Laboratory as well as acquire solid knowledge and skills to become professional researchers or practitioners.