HOLISTIC APPROACHES TO COLLEGE COMPLETION

Bachelor of Arts Degree Completion Program in Integral Studies

Complete your bachelors degree in a highly customizable, multi-disciplinary course of study that emphasizes a holistic understanding of the human condition and experience.
Receiving higher education from an institute such as CIHS was the most transformative journey of my life. Academic rigor paired with spiritual awakening, psychological healing, and professional development put me through the wringer. I had never felt more complete, whole, and connected to the higher truths that I had never known I already knew. At the same time, my entire worldview was shaken and flipped upside down. I have come to see life, existence, and the perception of the physical world in an entirely new way. I have come to understand, witness and meet the force of nature that underlies human consciousness, that is to the extent of my own psycho-spiritual evolution.

- Francesca Paretta

California Institute for Human Science

 Located near the coast in the beautiful, beach-city of Encinitas in San Diego, California, CIHS is a private, non-profit, regionally accredited university, research center, and public learning community committed to exploring the interconnection of mind, body and spirit through research-informed programs in integral health, integral noetic sciences, and psychology.
TRANSFORMATIVE EDUCATION
TRANSCENDENT EXPERIENCE

CIHS’s Bachelor’s Completion Program gives students who have already completed their general education requirements the freedom to take a highly customizable, multi-disciplinary and/or specialized approach to the study of the human condition and experience through the lens of mind, body, and spirit.

Students explore their own interests while securing a firm foundation in science, natural science, research methods, philosophy, psychology, and religion. With this basic foundation, students are encouraged to undertake either qualitative or quantitative research into the nature and breadth of human experience.
CORE CURRICULUM

Expand your understanding of mind, body, and spirit while completing your B.A. with unique classes like these!

- Fundamental Academic Writing for the Human Sciences
- Introduction to Integral Studies
- Introduction to Consciousness Studies

SAMPLE ELECTIVES

- Integral Perspectives on Health
- Intro to Communication and Counseling
- The Study of Personality
- Intro to Substance Abuse
- Psychology of Mind Body Energy
- Social and Cultural Influences
- Intro to Energy Psychology
PREREQUISITES FOR ADMISSION

To enter CIHS’s bachelor’s completion program, an applicant must have:

• A high school diploma
• Completed a minimum of 90-quarter units (or 60-semester units) and a maximum of 135-quarter units (90-semester units) from a regionally accredited college or university
• Achieved a grade of “C” or higher for all courses to be transferred
• Official college transcripts

Get Ahead on a Graduate Degree

Save time and money on your way to a graduate degree with CIHS’s Graduate Linked Credits program which allows bachelor’s completion program students to earn graduate credit for their bachelor’s degree courses. This option is available to students who intend to earn an M.A. from one of CIHS’s graduate programs.
CIHS faculty are distinguished professionals with decades of working experience in their fields of expertise and recognized leaders in the fields of holistic counseling, integral studies and consciousness expansion research.

**Bachelor's Degree**
B.A. Integral Studies (B.A. Completion Program)

**Master’s Degrees**
M.A. Integral Health
M.A. Integral Health - Yoga Therapy Concentration
M.A. Integral Noetic Sciences
M.A. Psychology

**Doctorate Degrees**
Ph.D. Integral Health
Ph.D. Integral Noetic Sciences
Ph.D. Psychology - California state licensure
WHY CHOOSE CIHS?

- Regionally accredited by WSCUC
- Serving students since 1992
- Located in the beautiful beach city of Encinitas, 25 miles north of San Diego and 95 miles south of Los Angeles
- Unique, highly customizable B.A. completion program, M.A. and Ph.D. Degrees
- Flexible class hours for working professionals
- Welcoming and inclusive environment
- Exceptional student support services
- Small class size with personalized attention
- Extensive networking and career preparation opportunities
- Diverse faculty and industry professionals from a variety of fields
- Access to CIHS’s Science of Consciousness and Subtle Energy Research Laboratories, and one of the largest Faraday cages in the region.
LET THE JOURNEY BEGIN.

www.CIHS.edu

Just click APPLY!

HAVE QUESTIONS?
EMAIL US AT:

admissions@cihs.edu

California Institute for Human Science
701 Garden View Court
Encinitas, CA 92024
(760) 634-1771