



## **RESIDENCY OVERVIEW**

Residency is 108 hours which must be done in person over one 4-week period of time in Encinitas, CA.

There is no additional cost to you.

It is mentored.

The Revivorship Post Cancer Wellness Center is located in the same plaza as the Soul of Yoga Institute. (162 S. Rancho Santa Fe Rd, Encinitas, CA 92024)

### **Prerequisites to begin Residency:**

1. Have completed 100% of your coursework,
2. Have completed a Progressive Case Study related to Yoga of The Heart/Yoga for Cancer and Heart Disease, or your pre-approved transfer credit course in the area of Yoga for Cancer recovery,
3. Have completed one additional Progressive Case study for another Soul of Yoga course,
4. Have completed 14 of the 16 HAPY Case studies,
5. Have your own liability insurance.



## **If you complete a Residency you DON'T need to do:**

1. A Karma Yoga project,
2. 7 additional Progressive Case Studies,
3. 5 Graduate Case Studies,
4. 20 hours of mentoring. You will only need 30 hours of Mentoring which can consist of HAPY mentoring, Mentoring with Mo or Clinic sessions with Becky.

## **What does Residency consist of?**

1. Completing an application and being accepted,
2. Committing in advance to Residency dates,
3. Completing a video orientation before arrival, and in person orientation your first week,
4. Working in Encinitas for a total of 108 hours, in-person over 4 consecutive weeks. Individual schedules may vary,
5. Holding most appointments in person although some Telehealth sessions may be included,
6. Providing Yoga Therapy to clients, as well as In-Take interviews and SOAP note charting,
7. Providing referral services to other Revivorship practitioners (you'll learn about the other modalities offered in your orientation),
8. Working closely with an onsite mentor,
9. No written assignment will be due after Residency, however you will be required to chart/SOAP note daily during your residency.



## **Commitments Required for Residency:**

1. Residency starts on the Monday following the 15th of any month. You must commit to your dates in advance. This is 108 Hours total. Week 1 = 30 hours, Weeks 2, 3 & 4 = 26 hours a week = 72 total.
2. There is no extra cost to you to be a Resident. But the Revivorship Center will charge a nominal fee to clients for your time to cover the cost of your mentor overseeing your work.
3. A fully refundable \$1500 deposit will be requested upon your acceptance into Residency and refunded upon its completion. This is to reduce the amount of no-shows Residents. The Center and its clients rely on your dependability.

## **FAQ:**

Q - Can I apply before I finish my coursework?

A - Yes, you can apply early to hold a Residency date, but you must have finished your coursework by the time you are scheduled to begin Residency. Failure to do so will result in a lost deposit (unless it is Soul of Yoga's fault due to a canceled or postponed course).

Q - I did some of my homework and mentoring already, but I really want to do this. Can I apply for no additional cost?

A - Yes, as long as all coursework is complete by the time you do your Residency.



Q - Will I be seeing clients myself?

A - Yes, we estimate you will have a minimum of 40 in person client interactions during your residency.

Q - Will there be a mentor there all the time to help me?

A - Yes, the first week there will be daily case review, and in addition to individual time with your mentor to review your clients and cases throughout your 4 week Residency.

Q - How many Residents will be there at one time?

A - 3 Residents can be scheduled at one time.

Q - Can I request to do Residency with another Soul Yoga Therapy student?

A - Yes, there is place on the Application for these requests.

Read more about Revivorship here [www.revivorship.com](http://www.revivorship.com)