

## **CONTENTS**

|  |             |
|--|-------------|
| Editor's Introduction  | <i>vii</i>  |
| Preface  | <i>xiii</i> |
| Introduction   | 1           |
| 1. Individual Karma:<br>Life and Death                                 | 9           |
| 2. Karma: A Definition   | 25          |
| 3. The Varieties of Karma:<br>Marital and Family Karma                 | 37          |
| 4. The Varieties of Karma:<br>National, Racial and Geographic<br>Karma | 57          |
| 5. Towards a Theory of Karma   | 81          |
| 6. Transcending Karma  | 107         |
| 7. Relationship among Chakras, Character,<br>Constitution and Karma    | 125         |
| Conclusion   | 135         |
| Afterword  | 137         |
| Appendix A: Questions about<br>Karma and Reincarnation                 | 145         |
| Appendix B: Profile of Author  | 155         |
| Index  | 163         |