

SYLLABUS

Consciousness Applied to Matter: Psychokinesis
May 8 & May 9, 2010
John Lovem, Ph.D., Instructor

Course Description

This course considers the interrelationships among the following topics: the psychology of consciousness and states of consciousness, aspects of quantum physics, parapsychology, and psychokinesis.

Course Objectives

Students completing this course will be able to:

1. Describe the illusory nature of conscious experience.
2. Briefly summarize current research on parapsychology.
3. Describe and participate in a "PK Party."
4. Describe at least three methods for altering one's state of consciousness.
5. Discuss the impact of psychological trauma on consciousness and psychopathology.

Required Readings

1. Blackmore, S. (2005). *Consciousness: A very short introduction*. Oxford University Press.
2. Houck, J. Conceptual Model of Paranormal Phenomena. Source: http://www.jackhouck.com/pdf_files/cm.pdf.
3. Houck, J. Associate Remote Viewing. Source: http://www.jackhouck.com/pdf_files/arv.pdf.
4. Houck, J. PK Parties. Source: http://www.jackhouck.com/pdf_files/pk.pdf.

Method of Evaluation

Participation and Instructor observation.

Bibliography/Supplemental Readings

1. Blackmore, S. (2003). *Consciousness: An introduction*. Oxford University Press.
2. Bohm, D. (2002). *Wholeness and the implicate order*. Routledge.
3. Boundary Institute. Got Psi?: <http://gotpsi.org/html/gotpsi.htm>.
4. Greene, B. (2005). *The fabric of the cosmos: Space, time, and the texture of reality*. Vintage.
5. Houck, J. Energy Healing and Psychokinesis. Source: http://www.jackhouck.com/pdf_files/ehp.pdf.
6. Houck, J. Researching Remote Viewing and Psychokinesis. Source: <http://www.jackhouck.com/rvpk.shtml> (not available as pdf file; only html).
7. Putnam, F. (1997). *Dissociation in children and adolescents: A developmental perspective*. The Guilford Press.

8. Ross, C. (2009). *Human energy fields: A new science and medicine*. Manitou Communications, Inc.
9. Schmidt, H. The Strange Properties of Psychokinesis.
Source: http://www.scientificexploration.org/journal/jse_01_2_schmidt.pdf.
10. Shoup, R., & Etter, T. Can Causal Influence Propagate Backwards in Time?
Source: http://boundary.orebi/13IPlans/markov_psi_exp.pdf.
11. Tart, C. (1990). *Altered states of consciousness*, 3rd ed. Harper.
12. Thich Nhat Hanh (1992). *Peace is every step: The path of mindfulness in everyday life*. Bantam.
13. Wallace, A. (2005). *Genuine happiness: Meditation as the path to fulfillment*. Wiley.

Course Outline

Saturday, May 8, 9 a.m.-1 p.m.

- Introductions.
- Film: *Something Strange is Doing We Don't Know What* and Discussion.
- Video Clips: Dr. Quantum; Mind Over Matter; David Bohm Interview; Amit Goswami; Michio Kaku on String Theory (Time considerations may require that some of these be viewed during the afternoon session or omitted) and Discussion of quantum physics, space and time, string/M theory, and implications.

Saturday, May 8, 2 p.m.-6 p.m.

- Parapsychology Research Methods—Experiential Learning (Ganzfeld, Zener Cards, Remote Viewing test on Boundary Institute Website)
- PK Party Introduction.
- PK Party and Discussion.

Sunday, May 9, 9 a.m.-1 p.m.

- What is consciousness—the philosophy of consciousness.
- Some consciousness video clips (Daniel Dennett, David Chalmers, Jill Bolte Taylor, Vilyanur Ramachandran, Color Changing Card Trick).
- Conscious vs. Unconscious processing.

Sunday, May 9, 2 p.m.-6 p.m.

- States of Consciousness, Altered States, and Methods of Altering Consciousness (drugs, music, religion, sex, hypnosis, meditation, trauma, etc.)
- Hypnosis and Meditation.
- Trauma and Dissociation, State Change Disorders.
- Meditation and Buddhism.
- Wrap-up, Summary of Learning.

(Note: This outline is subject to change due to time constraints, student interests and needs, etc.)