

*Purported After-Death Communication and its Role in the Recover of Bereaved
Individuals: a Phenomenological Study*

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Abstract

Given this phenomenological study analyzes the lived experience of the participants, it does not begin with theory but rather points the way to future research. Emerging data suggest future research lies in the (1) further study of ADC (after-death communication)- facilitated grieving, and (2) the potential that ADCs hold for the percipients's self-actualization process after they have completed the grieving process. ADC is an anomalous psi experience that falls into the domain of Exceptional Human Experience (EHE). Anomalous or exceptional experiences can be points of catalytic transpersonal insight. To varying degrees on a pragmatic/esoteric continuum, the participants experienced, as a result of their ADCs, long-term, liberating, transformational changes in awareness of self, relationship with the deceased, and new understanding of the meaning of life, death, and the divine.